

# C. diff Caregiver Checklist

Below are resources to support you in caregiving for your loved ones with C. diff infection.

## Keep yourself and your loved ones safe

Follow these routines for cleanliness to keep your home safe:

- ☐
- Hand hygiene.** Wash hands with soap and warm water before and after eating and using the bathroom
- ☐
- Disinfect and clean thoroughly.** Use products that contain chlorine bleach to kill bacteria; ordinary alcohol-based cleaners or sanitizers do not kill C. diff
- ☐
- Control contact.** If possible, people with C. diff infection should be isolated in a private room, with a bathroom only they will use
- ☐
- Protective gear.** Disposable gloves or gowns may be required for visitors when near hospitalized patients with C. diff infection

For more information about C. diff infection, including tips on how to stop the spread of C. diff, please visit [CDC.gov/cdiff](https://www.cdc.gov/cdiff).

## Advocacy Groups

Access C. diff and caregiver advocacy groups to connect with people who understand your situation.

Groups focused on C. diff

C. diff Foundation  
[cdifffoundation.org](https://cdifffoundation.org)

Peggy Lillis Foundation  
[peggyfoundation.org](https://peggyfoundation.org)

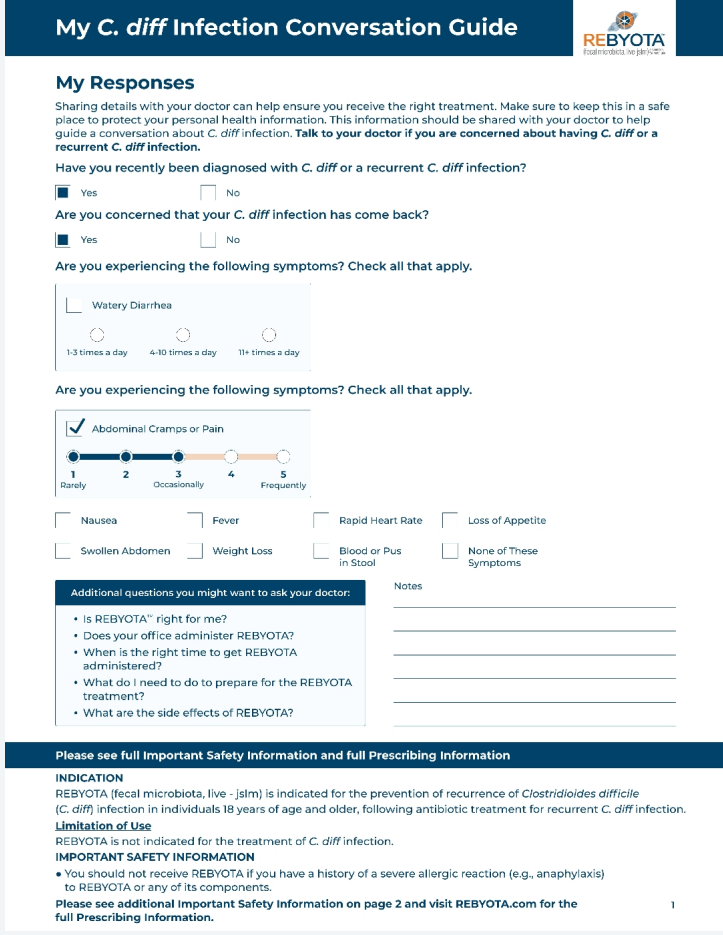
Groups focused on caregivers

Caregiver Action Network  
[caregiveraction.org](https://caregiveraction.org)

National Alliance for Caregiving  
[caregiving.org](https://caregiving.org)


Ferring Pharmaceuticals does not have any relationship with these caregiver groups. The list is only select.

Helpful resources for you and your loved one



### Customized Doctor Discussion Guide

Create your custom guide to prepare for a conversation with your loved one’s doctor.



### C. diff Diary

Keep a record of C. diff symptoms, treatments, doctor’s visits, and notes or questions.